

The 'Nam veteran, the former NYC lawyer who took a break to raise her children and the 'work mom': Meet the Baby Boomers who have taken internships to try to find a second career

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- A growing number of Baby Boomers are taking internships to find new jobs
- These Baby Boomers don't want or can't afford to leave the workforce at 65
- Some are seeking a transition into work that has a social impact by working with nonprofits in need of their private-sector expertise

By [JORDAN GASS-POORE FOR DAILYMAIL.COM](#)

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It takes a lot to make Paul Critchlow nervous, but the night before his first Pfizer last June he had agonized over what to wear.

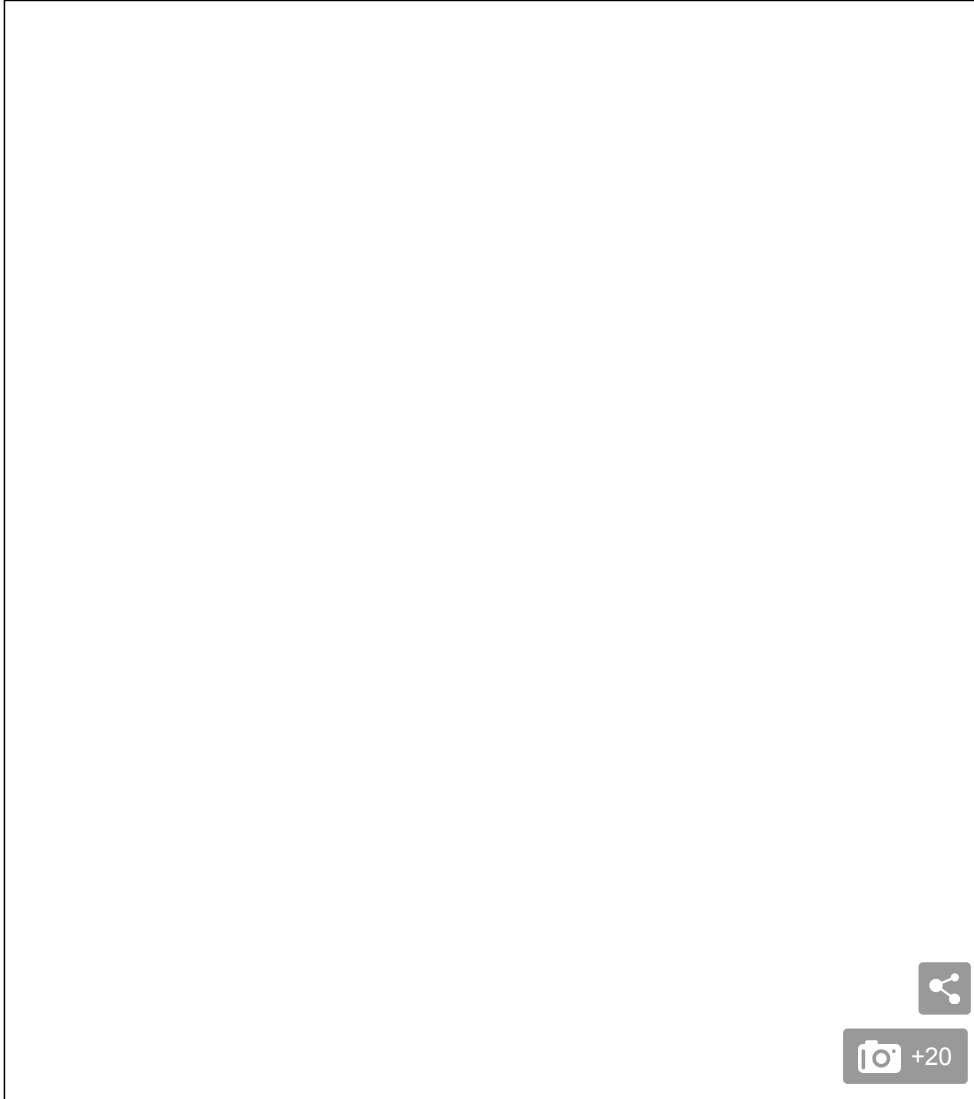
As a military veteran who was awarded the Purple Heart for wounds he received during a major battle in Vietnam and former head of a brokerage firm, he did not want to appear too formal but shining his shoes and ironing his button-down shirt and slacks helped relax him a bit.



The briefcase Critchlow carried with him into Pfizer's Manhattan headquarters the next day acted as his security blanket. He lightly swung it back-and-forth by its sweaty handle in an attempt to rid himself of jitters.

'I was anxious. I was worried that I might come across as an old know-it-all,' he said.

In Pfizer's lobby, Critchlow approached the desk for visitors and announced that he was a summer intern, in case anyone assumed otherwise.



Pfizer employed Baby Boomer Paul Critchlow (above) as an intern during the summer of 2016

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▶ Pippa Middleton stuns in gray bikini as she joins her mother Carole and brother James with fiancée Alizée Thevenet for a sun-soaked beach day in St. Barts



▶ Brooke Shields, 54, turns back the clock as she flaunts her ripped body in TINY navy blue bikini
The actress took to Instagram



▶ Emily Blunt and John Krasinski have their hands full with daughters Hazel and Violet as they jet back to the US after spending Christmas in London



▶ Alessandra Ambrosio shows off her enviable frame in a pink and grey ombre bikini as she enjoys a day on the beach with her family in Brazil

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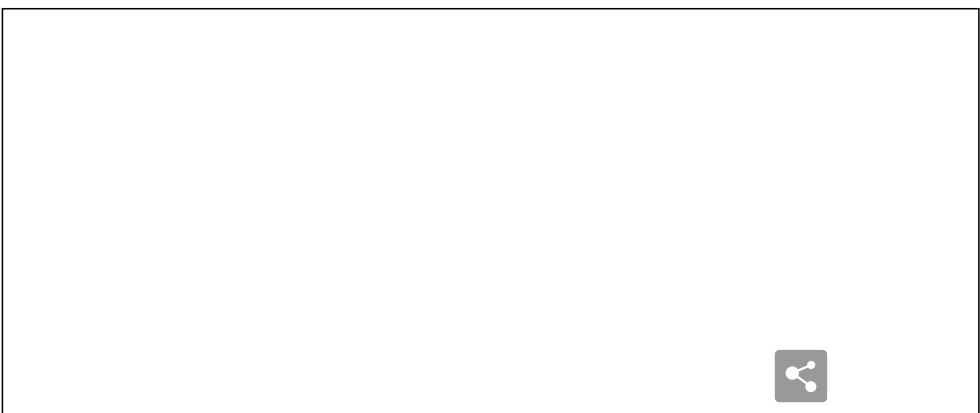
▶ Jennifer Aniston and Adam Sandler's Murder Mystery is Netflix's





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Critchlow, then 69, returned to the workplace after retiring in May 2015 from Merrill Lynch



Critchlow (pictured with two interns) was one of 25 summer interns with Pfizer's corporate affairs division in midtown Manhattan, and by far the oldest of the college-aged bunch

▶ massive tattoo collection including animals, compass and crossed guns with the slogan 'make em pay'

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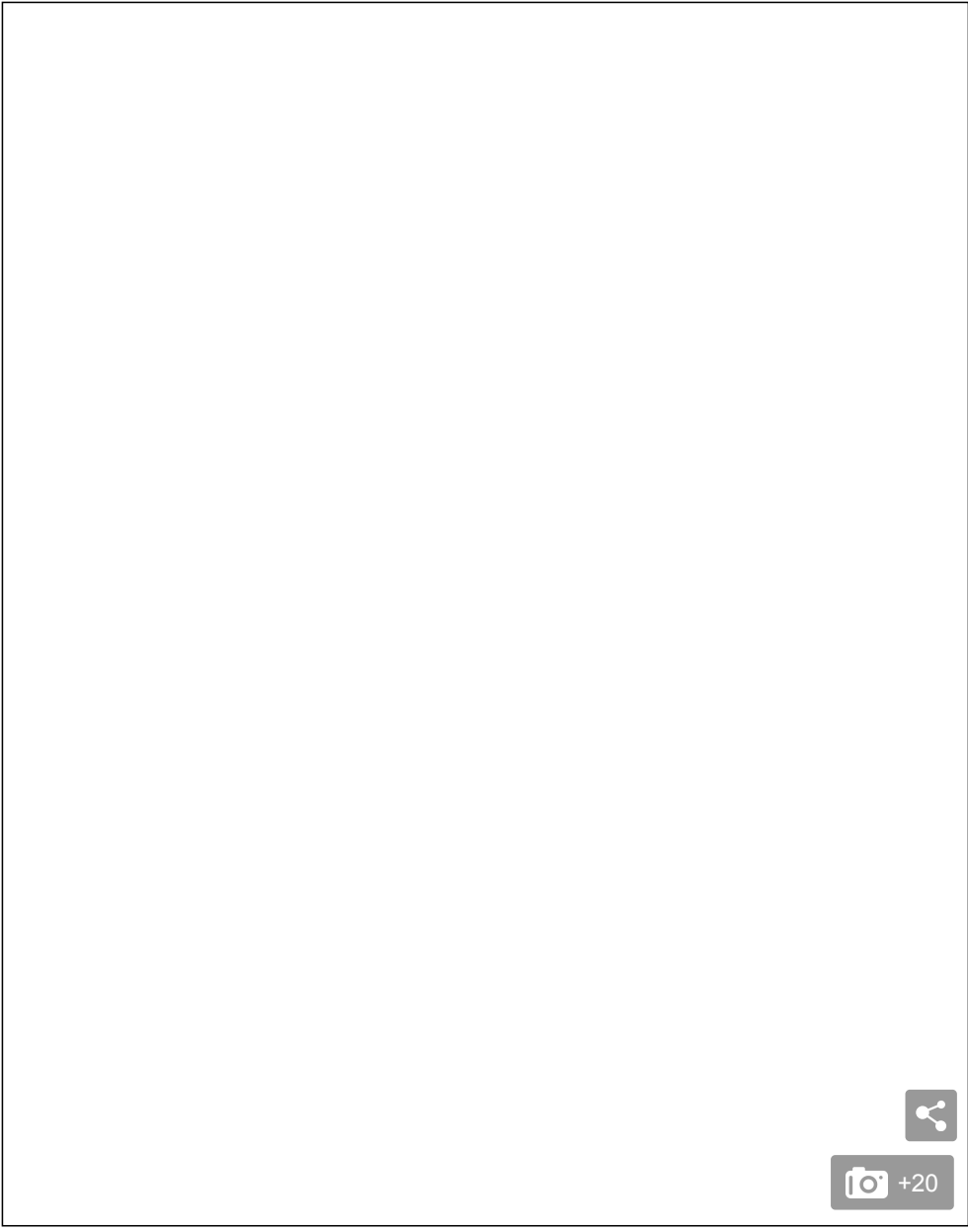


▶ Chrissy Teigen shares a romantic moment with John Legend before kissing son Miles in the pool on family vacation
Traded the Wyoming snow for the sand

▶ DMX talks about being 'lost' as he takes to the stage in Las Vegas for the first time since checking into rehab to work on his sobriety in October

▶ Tiffany Trump is all smiles while dog sledding in Montana with her mom Marla Maples - before jetting off to the beach ahead of New Year's Eve





- ▶ **Box office catastrophe! Cats could lose \$100m for Universal as audiences shun Judi Dench and Taylor Swift CGI flick**
- ▶ **Selma Blair laughs with boyfriend David Lyons as they head for coffee together after engagement rumors**
- ▶ **Bristol Palin and her newly divorced boyfriend Janson Moore split less than two months after going public with their relationship**
- ▶ **Real Housewives Of New Jersey's Jennifer Aydin accuses her mother of lying... after she denies knowing son Steven Altinel was gay in show preview**
- ▶ **Jennifer Lopez and Alex Rodriguez wrap up warm to get coffee after casual Christmas**
Hustlers star was perfectly dressed for a cool California day



Critchlow, pictured here with his 60-year-old wife Patricia McCormick near their home in Sag Harbor, New York, wasn't quite prepared for the mundanities of retirement in May 2015

At 70, Critchlow wasn't the pharmaceutical company's average intern - a gig he'll repeat this summer in Pfizer's corporate affairs department. He's a successful businessman, married to the 60-year-old novelist Patricia McCormick, who wasn't quite prepared for the mundanities of retirement in May 2015.

Millions of Baby Boomers like Critchlow don't want or can't afford to leave the workforce at age 65, others have struggled to re-enter the workforce after taking a career break. But for Critchlow, his decades with Merrill Lynch meant he wasn't in financial need. He was, however, 'feeling a little irrelevant'.

As the number of restless retirees grows in the US - an average of 10,000 people reach the age of 65 each day for the next 20 years - Critchlow said he hopes his story can serve as an example for other people.

Baby Boomers - whose generation was defined by the boom in US births beginning following World War II - are now aged between 53 and 71. They were the first to grow up with television and came of age during a time of unprecedented prosperity as well as dramatic social change.

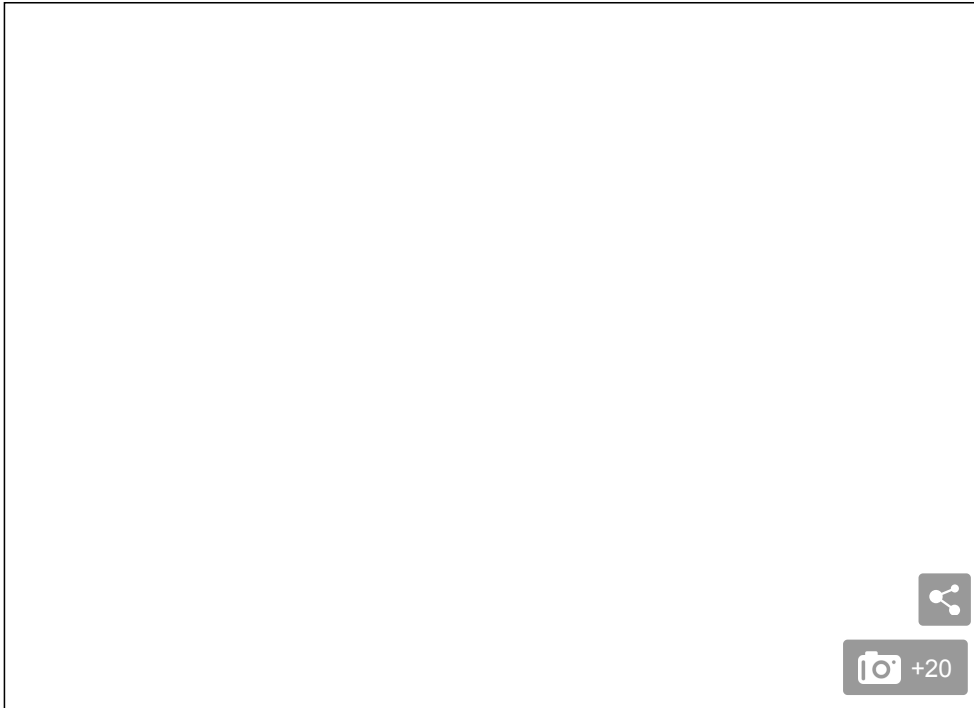
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Since their birth, Baby Boomers have changed the country's culture, and their retirement years are no different.

Baby Boomers Michelle Arnot, Mindy Berkower and Rochelle Carter-Wilson desired a change in their careers and have used internships as a way to quickly learn new skills without having to invest the time and money into a new college degree.

A big reason for the increase in older interns is the economic downturn in 2008, which left millions of Americans jobless and looking for fresh starts, said Carol Fishman Cohen, CEO of the career re-entry firm iRelaunch.



While the employment rate of those in the 16-to-24 and 25-to-54 age groups has decreased slightly since the beginning of the recession in December 2007, the rate for those ages 55 and over has gone up slightly and was 39.9 per cent in February 2017

Of the five million new jobs created in the US between 2009 and 2013, the US Bureau of Labor Statistics reported that 80 per cent of them went to workers age 55 and over, and a number of them got into their new positions via internships.

Linda Mercurio founded Transformative Impact in 2008 as a way to help people ages 35-65 transition into a new profession or re-enter the workforce after a long absence. She also leads The Relaunching Attorney Platform that supports lawyers looking to re-enter paid professional life after a career break. Her clients are mainly mothers who took a break from their job to raise children.

'For some of them it's a financial need,' said Mercurio of the reasons why her clients are returning to work. 'In our culture we're very work identified.'

Critchlow had been defined by his 30-year job with Merrill Lynch to the point where barely a year away from the office he started picking up litter every day alongside the road near his home in Sag Harbor, New York, just to keep himself busy.

So, when his friend Sally Susman, Pfizer's executive vice president of corporate

WORKING PAST 65 COULD HELP YOU LONGER, STUDY SAYS

There's some evidence that we can actually improve the health of older people.

TODAY'S TOP VIDEOS

▶ Jessica Simpson and Eric Johnson hit the slopes for a double date with sister Ashlee and Evan Ross as both families enjoy trip to Aspen

▶ 'I can't believe I said that': Eddie Murphy says he 'cringes' when he hears his old jokes about gay people from infamous 1983 stand-up special Delirious

▶ Jessica Chastain bundles up in black coat as she sightsees with husband Gian Luca Passi de Preposulo in Venice... and enjoys ride on taxi boat

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Amazing new site aggregates all your favorite showbiz sources
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▶ Shakira and her soccer star beau Gerard Piqué cheer on sons Sasha and Milan at soccer practice in Miami
She's appearing with J.Lo at Super Bowl

▶ Ashlyn Harris dons a tuxedo with Umbro socks and Ali Krieger wears a white gown as the soccer stars marry in Miami ceremony

▶ Kim Kardashian posts pic of herself in the makeup chair as the reality TV star plugs her KKW cosmetic line
The mother-of-four shared a snap

▶ Hunky twin brothers, 32, from UK TV show My Big Fat Gypsy Wedding died in 'suicide pact' after cancer and depression battles, family reveals

▶ Heiress Tamara Ecclestone freaks out

affairs, asked him to be her summer intern in 2016 for four days a week, he gladly accepted the \$18.25-an-hour position.

'I was thrilled to be asked,' he said.

At this time, a retired-age intern was almost unprecedented at any major company. It was such a novel idea that even Hollywood made a fictional account of a 70-year-old intern's experience working for an e-commerce start up in the 2015 movie 'The Intern'.

Critchlow was one of 25 summer interns with Pfizer's corporate affairs division in midtown Manhattan, and by far the oldest of the college-aged bunch. But as with any internship, the hope was that he would be able to get as much out of it as he would give.

'You're never too old to learn,' Critchlow said.

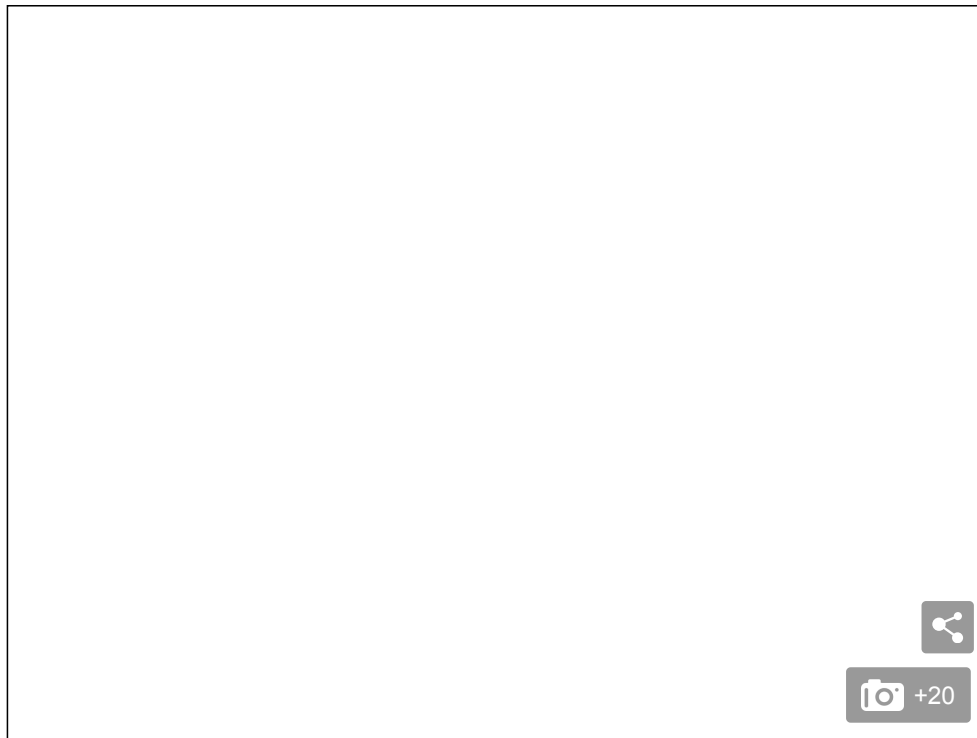
His first day on the job the then-69-year-old was cast as a semi-celebrity by Pfizer, who had decided that although he was regulated to the intern bullpen his internship would resemble a consulting gig befitting someone of his professional stature.

Oregon State University found that those who work past age 65 could add more years to their life.

This group of individuals were found to have an 11 percent lower risk of death.

Those termed unhealthy, who also worked another year longer, had a nine per cent lower mortality risk.

Researchers used data from a 1992-2010 Healthy Retirement study .



When Critchlow (left) was around the age of his fellow interns he was recovering from injuries to his legs, arms and chest from a rocket-propelled grenade in Vietnam

While Critchlow would advise Susman periodically for two-and-a-half months and occasionally write for the company's website, he would also conduct a few presentations about his professional experience to the other interns, who in turn would help him learn social media. Learning the Millennial trades was a process that daunted him, but on the generational battlefield anything was possible.

There's this myth of generational angst between Baby Boomers and Millennials. Critchlow, when in reality they have a lot in common. Many Boomers have



▶ **Cindy Crawford and Kaia Gerber look tense at LAX as they are seen for the first time since Rande's interaction with 'freaking out' Pete Davidson**

▶ **Steve Kazee calls himself a Jenna Dewan 'fan-account' as he shares sweet message to his pregnant girlfriend: 'I'm incredibly proud'**

▶ **Johnny Depp spends Christmas in Paris with ex Vanessa Paradis and their children as the actor squeezes in a visit to Le Lido after extending his trip**

▶ **Nicole Kidman shares sweet throwback snap from 2012 as she and Keith Urban celebrate youngest daughter Faith's ninth birthday**

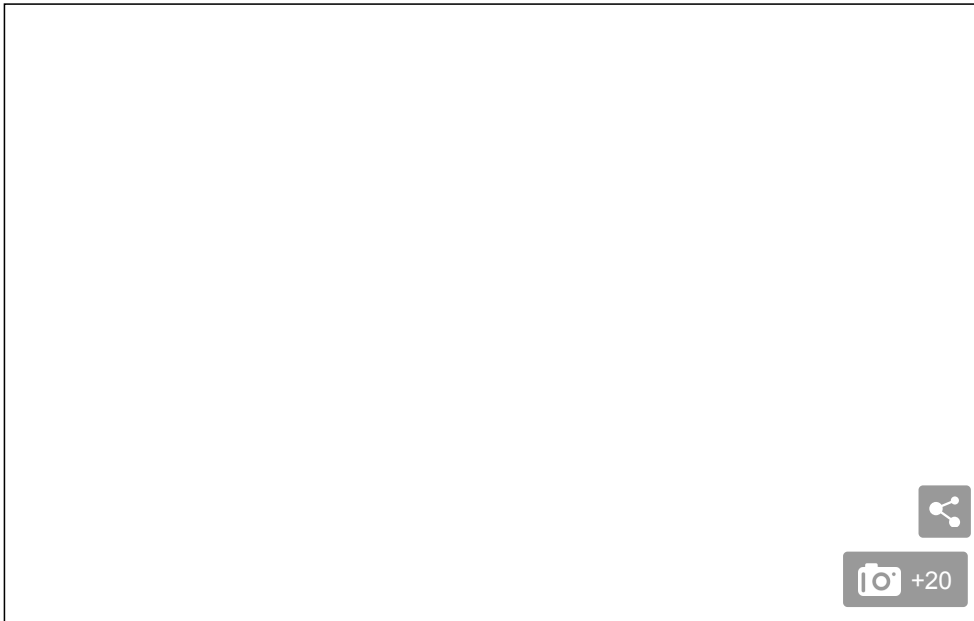


need to compete since they started working and younger generations want to compete but may not be sure how, he added.

'We can really learn a lot from each other,' he said.

Critchlow, who has since become the poster boy for Pfizer's inter-generational workplace, remembered his surprise that first day in the office when he was swarmed by the other interns, interested in hearing and learning from his real and metaphorical war stories.

'Baby Boomers have lived through some pretty dramatic changes', said Critchlow, adding that Millennials shouldn't assume that Boomers aren't concerned with sexism, racism, classism and other important -isms, they just may be confused. And younger employees shouldn't mock their questions, instead they should see them as educational opportunities, he said.



Critchlow conducted presentations about his professional experience to the other interns



He told some of them about his time in the Vietnam War and being awarded a Purple

When Critchlow was around the age of his fellow interns he was recovering shrapnel injuries to his legs, arms and chest from a rocket-propelled grenade in a major battle in Vietnam on August 19, 1969, he told some of them over the years. These stories helped build a bridge between the generations, with the Millennials requesting that he, the Baby Boomer, conduct a presentation on his Vietnam experiences once they learned he was awarded a Purple Heart.

▶ **French Montana treats himself to a 'lil gift' of a \$1.5m Bugatti after recovering from medical scare**

Delivered to his Las Vegas home

▶ **Ashley Tisdale and husband Christopher French walk their pups as they enjoy the holiday weekend**

Lost their beloved dog, Maui, over the summer

▶ **Ryan Seacrest and new co-host Lucy Hale bundle up in black for Dick Clark's New Year's Rockin' Eve preview**

They are already in sync when it comes to outfits

▶ **Bella Hadid sets pulses racing as she goes BRALESS under an open denim shirt to flaunt her tanned physique for a racy holiday post**

▶ **Hate Star Wars: The Rise of Skywalker? It may have more to do with your unrealistic expectations than the movie, according to scientists**

▶ **Model Iskra Lawrence cradles her baby bump as she poses NUDE in a stunning pregnancy shoot ahead of welcoming her first child**

▶ **Arnold Schwarzenegger goes skiing with old pal Clint Eastwood as he tells fans: 'Name a more iconic duo. I'll wait'**
Took to Instagram

▶ **Princess Martha Louise of Norway's ex-husband Ari Behn is remembered as the 'craziest, most beautiful, strongest husband'**

**TODAY'S
TOP VIDEOS**

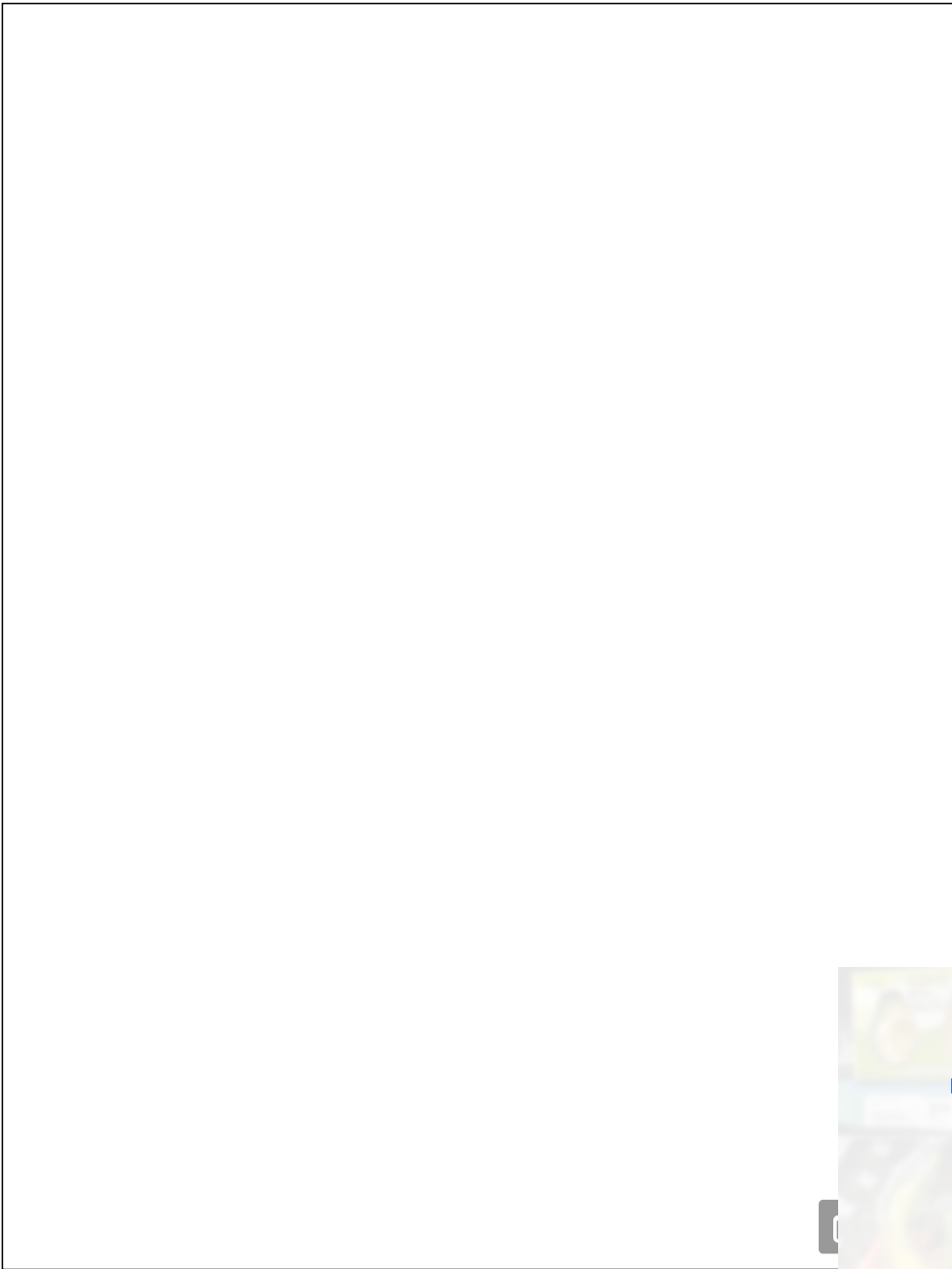
'If you can put Boomers and Millennials together in the same place and with the right setting and conditions, it's amazing how they spark each other. Every day, I was coming away with fresh ideas. It was extremely reinvigorating,' Critchlow said.

Some of those fresh ideas included a humorous attempt at growing a 'man bun' and ways to deliver engaging presentations, after the interns found his initial presentation about his career awkward and unfocused.

One of his fellow interns, Shalini Sinha, wasn't afraid to tell him that his presentation was boring and he wasn't afraid to tell her that she talked too fast.

They seemed to be an ideal match, so Sinha asked him to be her mentor, a request that seemed fitting to his role with Pfizer but nonetheless took him aback. He had spent decades in the corporate world working alongside people who inspired him and for her to think of him in that way was surprising.

On the outside, they couldn't be more different – in gender, nationality and, of course, age. 'We have nothing in common,' said Sinha. 'But we're so similar.'



▶ **Ozark's Julia Garner, 25, marries musician Mark Foster, 35, as the happy couple are seen passionately kissing during their first dance**

▶ **Bebe Rexha shows off bodacious body in mismatched floral thong bikini on family vacation in Bahamas**
Recently teased her fans on Instagram

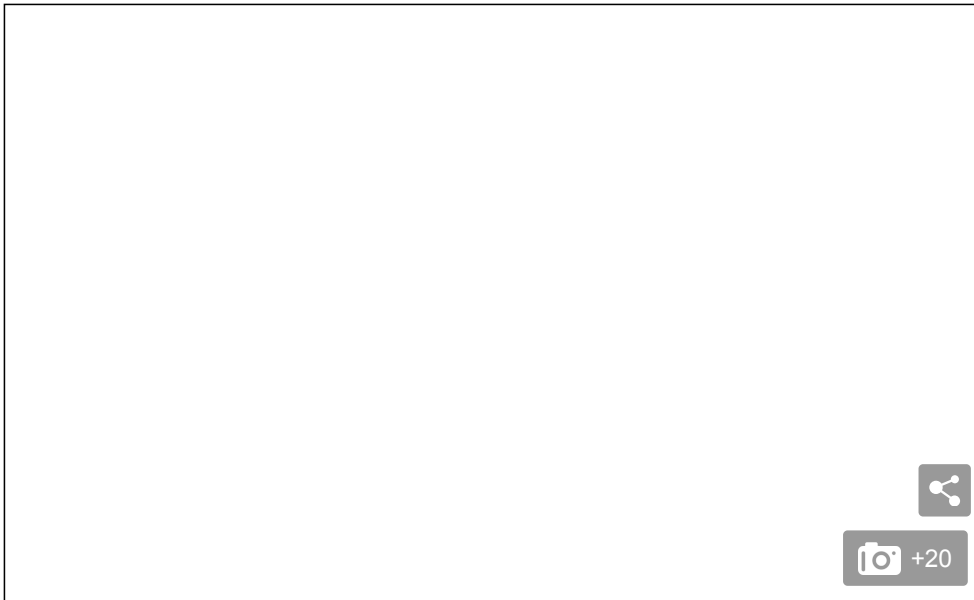
▶ **Britain's hardest working royals! Revealed: How many engagements Kate, Queen and co performed during 2019**

▶ **Steve Irwin's 'hot niece' Rebecca Lobie shows off her ample cleavage in a plunging white top as she enjoys a date night with husband Mick**

▶ **Sharon Stone, 61,**



He and a fellow intern, 24-year-old Shalini Sinha (right), continue to have a mentor re



The interns, some of whom are pictured here, taught Critchlow how to use social media

With 80million Millennials and 76million Baby Boomers in the US, these two generations combine into a powerful force, Cohen said. Studies have found that Millennials are yearning for a Yoda-wise person who can show them the way forward, while Baby Boomers can offer them advice as experienced professionals on how to handle difficult situations.

'Mentoring can go both ways,' Cohen said.

Sinha and Critchlow found that, besides both being interns, they have a fierce drive to succeed, an attribute Critchlow had activated in many of his professional incarnations.

Critchlow's from Omaha, Nebraska, and graduated from the University of Nebraska at Omaha in 1971 with a journalism degree, later receiving a master's at Columbia University. After reporting for several years with the Philadelphia Inquirer, Critchlow became a top aide to Pennsylvania Governor Dick Thornburgh before joining Merrill Lynch in 1985, where he rose to senior vice president for communications and public affairs.

Sinha, 24, grew up outside Calcutta, India. The energetic master's student at Georgetown University will graduate this month with degrees in public relations and corporate communications.

'I've met all kinds of people and it's very common among Baby Boomers to be skeptical of Millennials,' said Sinha. 'Paul was so open minded [and] he didn't have to take us seriously.'

▶ **Tammy Hembrow REUNITES with ex-boyfriend Jahkoy Palmer in Bali... after he wrote cringeworthy song begging her for forgiveness**

▶ **HRH hand-me-down! Royal fans spot Lady Louise Windsor, 16, borrowed mother Sophie Wessex's Stella McCartney coat for church at Sandringham**

▶ **Emily Ratajkowski bares cleavage in lacy white bra as she takes sultry selfie from bed**
The 28-year-old supermodel kept her makeup minimal

▶ **'We're coming for you 2020!' Naomi Watts sticks her tongue out while wearing a red bikini as she prepares to welcome in the New Year**

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▶ **Princess Diana's niece Lady Kitty, 29, is dubbed Princess Charlotte's 'twin' in a throwback childhood snap as royal fans go wild over strong family resemblance**

▶ **Malika Haqq gets some love from Khloe Kardashian and Kylie Jenner for baby bump Insta**
Appeared to have a new luxury car

▶ **Vanessa Hudgens embraces the cold weather in zebra-print sweater as she explores 'magical' Switzerland**

▶ **Too hot to handle! Instagram star Tammy Hembrow goes BRALESS as she prepares dinner with her family**

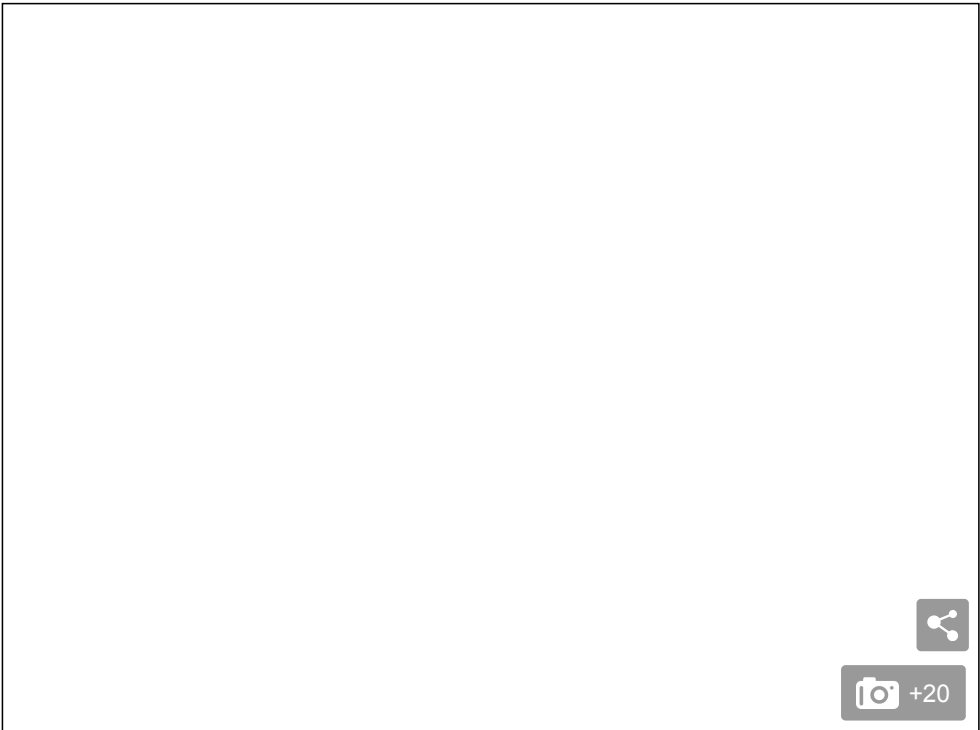
▶ **The Bachelor's Peter Weber says he doesn't want to be remembered**





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Although Critchlow (center) was regulated to the intern bullpen, his internship with Pfizer resembled a consulting gig befitting someone of his professional stature



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Critchlow's intern duties included advising Sally Susman, Pfizer's executive vice president of corporate affairs, periodically for two-and-a-half months and occasionally writing for the company's website

▶ **be myself all day': A VERY candid Caitlyn Jenner talks about her transition and those Kardashian relatives**

▶ **Singer Lily Allen hits the slopes in Colorado as she takes her daughters Ethel, 7, and Marnie, 6, snowboarding**

▶ **Madonna, 61, shares snap of 'family water therapy' as she joins children and boytoy beau Ahlamalik Williams, 25, on a 'healing' getaway**

▶ **'The feeling is mutual!': Fleabag fans excited as Obama includes the show - which featured him in a very sassy scene - in his favorite TV of 2019**

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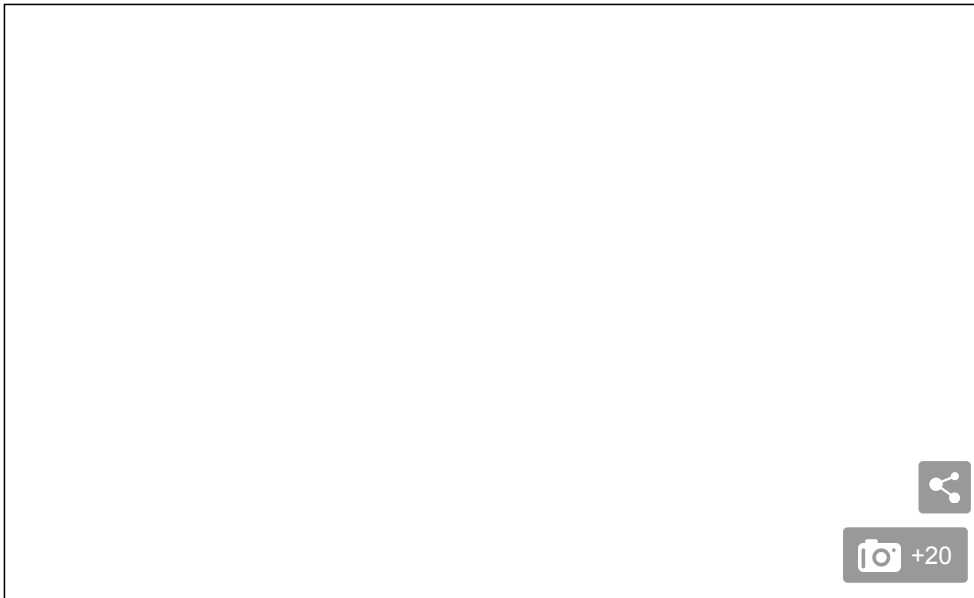
▶ **Not an inch to pinch! Victoria's Secret model Erin Holland shows off her incredibly toned figure in a skimpy purple bikini at the beach**

▶ **Brian Austin Green is every bit the doting dad as he heads out to lunch with his three kids**
Was spotted out and about

▶ **Izabel Goulart soaks up the sun in a tiny black thong bikini while on a romantic holiday in St. Barts with fiance Kevin Trapp**

▶ **Joe Giudice spends the Christmas holidays with his kids in Italy while estranged ex Teresa stays in New Jersey**
Headed for divorce





By the end of the internship, Critchlow had learned how to blog, make videos and FaceTime with his fellow Pfizer interns, pictured here at a restaurant after work

By the end of the internship, Critchlow's lexicon had become peppered with Millennial slang and he began 'Liking' photos on Facebook. The bespectacled Boomer had even learned how to blog, make videos and FaceTime with his fellow interns. He, in turn, taught the interns the importance of patience, thinking long-term about their futures and showing respect, Sinha said.

'The age gap really shrank to nothing and we became colleagues,' Critchlow said.

As the number of restless retirees grows in the US – an average of 10,000 people each day will reach the age of 65 for the next 20 years – Critchlow said he hopes his story can serve as an example for other companies. The internship re-inspired Critchlow to start a new consulting firm, begin writing his memoir and continue his mentorship with Sinha.

'The question of work-life balance is coming up again for me, but it's a nice problem,' Critchlow said.

▶ **Pussycat Doll Ashley Roberts shows off her incredible abs in skimpy bikinis as she soaks up the sun in Thailand with boyfriend Giovanni Pernice**

▶ **Chris Pratt's wife Katherine Schwarzenegger holds hands with actor's seven-year-old son Jack on outing in LA**

▶ **Wish you were here? Tammy Hembrow leaves little to the imagination as she strips down to a skimpy blue bikini on vacation in Bali**

▶ **Sean Penn, 59, and lookalike son Hopper Jack, 26, look a little tired on night out together in St. Barts**
Pair hit the town together

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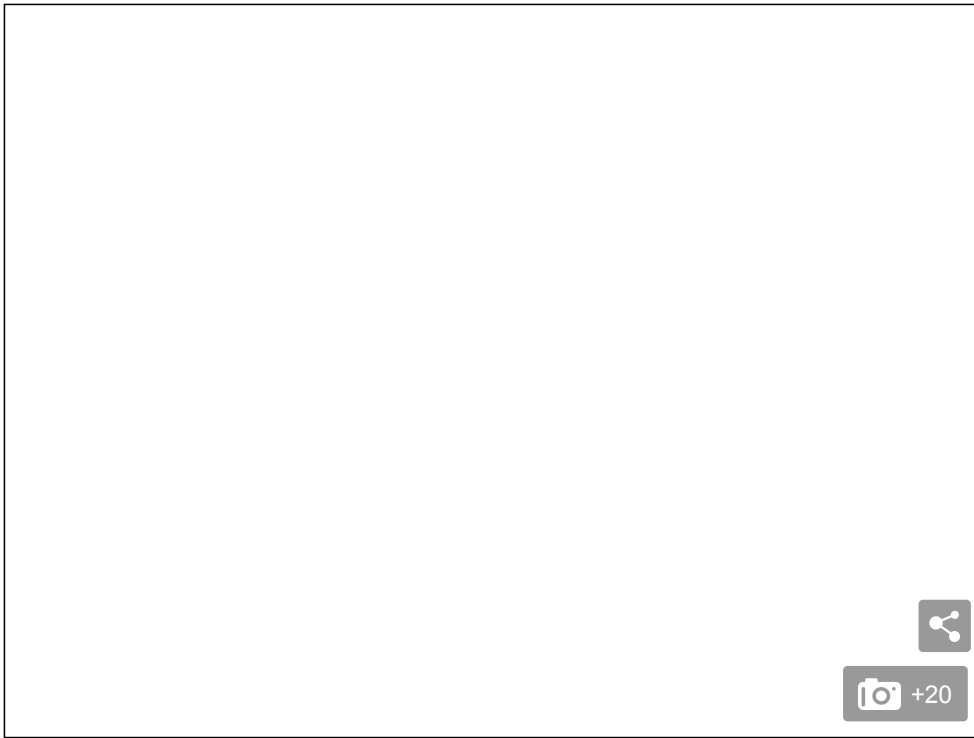
▶ **Pierce Brosnan, 66, enjoys a bike ride along the beach in Malibu with wife Keely Shay Smith, 56, before striking a pose next to a classic car**

▶ **How the royals look good in EVERY photo: Kate has 'perfected her royal wave and walk', while Meghan 'never overly smiles' but 'connects with people'**

▶ **Demi Rose struggles to contain her assets in skimpy gold bikini as she models Cleopatra-inspired black wig on the beach in Jordan**

▶ **Jamie Foxx looks in high spirits as he parties alongside daughter Corinne, 24,**





Here Critchlow stands between former president George H W Bush and former Merrill Lynch CEO Daniel Tully at a London hotel in 1993 for a company board meeting



Critchlow, pictured here at age 32 in 1979, became the top aide to Pennsylvania Governor Dick Thornburgh before joining Merrill Lynch in 1985, where he rose to senior vice president for communications and public affairs

Critchlow is among the 76million Boomers in the US changing the face of work. Many Baby Boomers are not only working past midlife to earn continued income but also seek a transition into work that has a social impact.

The New York-based ReServe helps workers ages 55 and over make that transition by pairing them with non-profits nationwide in need of their private-sector expertise for at least three months. When asked why more than 800 people have volunteered

money to dog charity but is left red-faced when he suffers a wardrobe malfunction

▶ 'I'm a psycho': Kate Beckinsale hilariously reveals she bought a pillow in the shape of her daughter's BOYFRIEND

▶ She's not very subtle! Lindsay Lohan leaves ANOTHER thirsty comment on Liam Hemsworth's Instagram page

▶ Kim Kardashian flaunts cleavage in black off-the-shoulder number as she plugs sale for her cosmetic line
Took to Instagram

▶ Lauren Sanchez's ex Patrick Whitesell, 54, steps out with actress girlfriend Pia Miller, 36, in Sydney... days after going Instagram official

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▶ The Queen is battling to build a huge storage center for her artwork near Harry and Meghan's Frogmore Cottage after warning it could cause flooding

▶ Kobe Bryant and daughter Gianna sit courtside to watch Los Angeles Lakers game at Staples Center
Cheered on his old team

▶ Victoria Beckham taunts husband David as he takes EIGHT hours to complete child's Lego set... and gifts him another which she predicts will take a YEAR

▶ Kate Winslet's daughter to



ReServe's national marketing director, Dawn Mastoridis, said: 'They're very civic minded. They want to have meaning in their life, keep their mind sharp.'

Michelle Arnot, 60, has worked with ReServe since she returned from volunteering in Japan in 2011. After living abroad, the freelancer and former head of a crossword publisher returned to her native New York and was looking to 'recreate myself, get started all over again.'

Arnot's first of a record number of ReServe assignments was as the project manager for Jacob A Riis Settlement House, a non-profit organization that provides services and programs to youth, families, immigrants and seniors in western Queens. Arnot organized their gala, despite not having any prior event planning experience, she said. She then went on to help plan an annual conference at Hunter College in New York. This will be her fifth year in this role.

'If I embrace the mission and I think it's worthwhile I'll help them,' said Arnot. 'I feel like the work that I do is really helpful to New York.'

Although Arnot is not retired, she works with ReServe for a small stipend because she's seen how challenging it is for people ages 55 and over to get a job. Through her many assignments with the organization, she's 'sharpened and acquired technological skills, built a network and made a contribution to the organizations'.

▶ [Rita Ora and her sister Elena slip into matching white bikinis during festive family holiday in the Caribbean](#)
Took to Instagram on Monday

▶ [Hailee Steinfeld sends fans into a frenzy as she hints she's penned a 'diss track' about ex Niall Horan with cryptic 'Wrong Direction' post](#)

▶ [Macaulay Culkin and girlfriend Brenda Song show team spirit in blue and yellow as the support the Rams in their final game at the LA Memorial Coliseum](#)

▶ ['I didn't expect them to come': Caitlyn Jenner reveals she called her kids to apologize after they were slammed for snubbing her UK TV show appearance](#)

▶ [Hilary Duff and Matthew Koma settle into newlywed life as they run errands with the kids after posting throwbacks from their winter wedding](#)

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▶ [Pia Miller, 36, flaunts her figure in tiny orange bikini at Sydney's Bondi Beach... days after going Instagram official with Lauren Sanchez's ex Patrick Whitesell, 54](#)

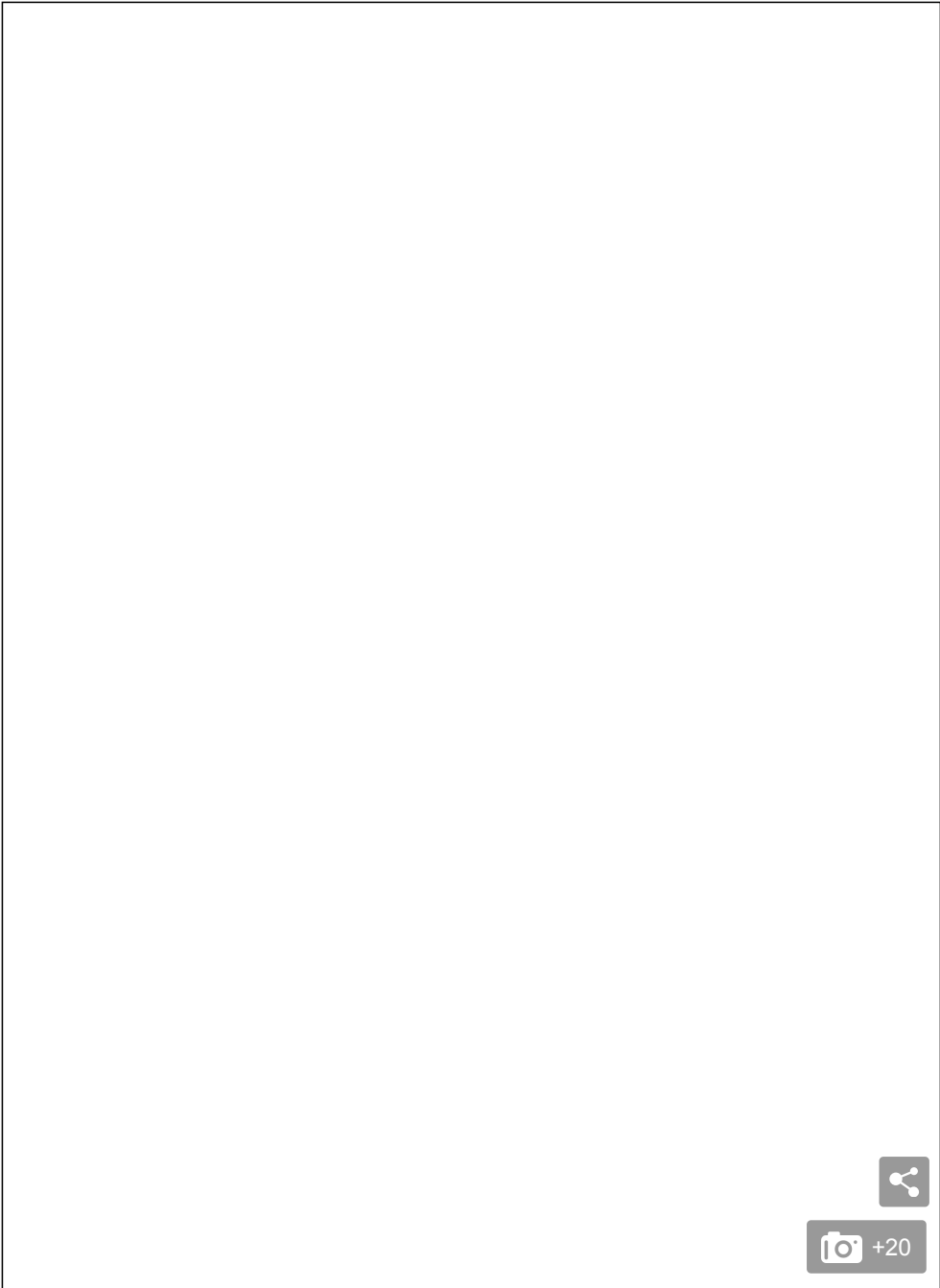
▶ [Catherine Zeta-Jones shares family portrait with Michael Douglas... after her children, Dylan and Carys, enjoy a 'tin bath surprise'](#)

▶ [TV chef Nigella Lawson, 59, praises 'brave' women who go without makeup as she admits she uses cosmetics as 'armor'](#)

▶ [Eva Longoria flaunts her taut bod in strapless bikini before hitting the beach with baby](#)



**TODAY'S
TOP VIDEOS**



▶ **Danny Fujikawa as couple continue Christmas vacation**
Let their hair down in snowy Colorado

▶ **The Mandalorian Season 1 finale scores a rare 100% Fresh rating on Rotten Tomatoes**
Has been just as big a hit with critics as it has been with fans

▶ **Alessandra Ambrosio flaunts her figure in a black bikini while on family holiday in Brazil**
The 38-year-old supermodel looked fit as ever

▶ **Tana Mongeau is 'unhappy' about aspects of 'marriage' with Jake Paul: 'So many things keep hurting me further'**
Opened up about her love life issues

▶ **'Let me guess? You're going to cut all the toxic people out of your life, go to the gym and focus on you in 2020?'**
Shanina Shaik takes a swipe at New Year's 'resolutions'

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▶ **Nick Young and fiancée Keonna Green step out for dinner in West Hollywood after Christmas proposal**
The couple got engaged on Christmas Day

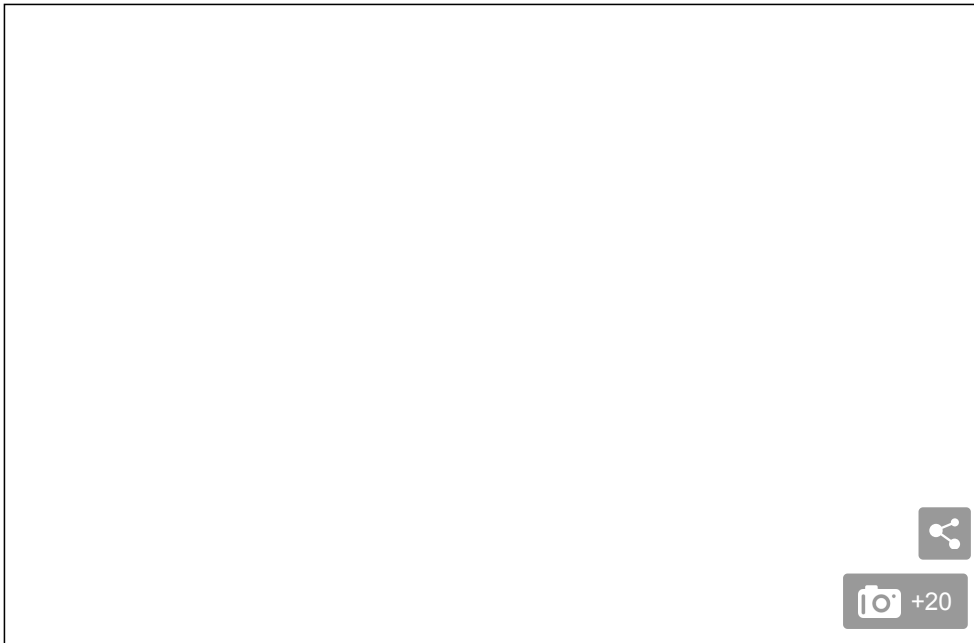
▶ **Simon Cowell's girlfriend Lauren Silverman wows in a plunging lace-up swimsuit as she strolls along the beach with son Eric in Barbados**

▶ **John Legend and Chrissy Teigen trade in snow for sand following vacation in Wyoming...**
in wake of Legend's debut album anniversary



Michelle Arnot, a 60-year-old former head of a crossword publisher, has worked with the New York City-based ReServe since she returned from volunteering in Japan in 2011





ReServe helps workers ages 55 and over make that transition by pairing them with non-profits nationwide in need of their private-sector expertise for at least three months

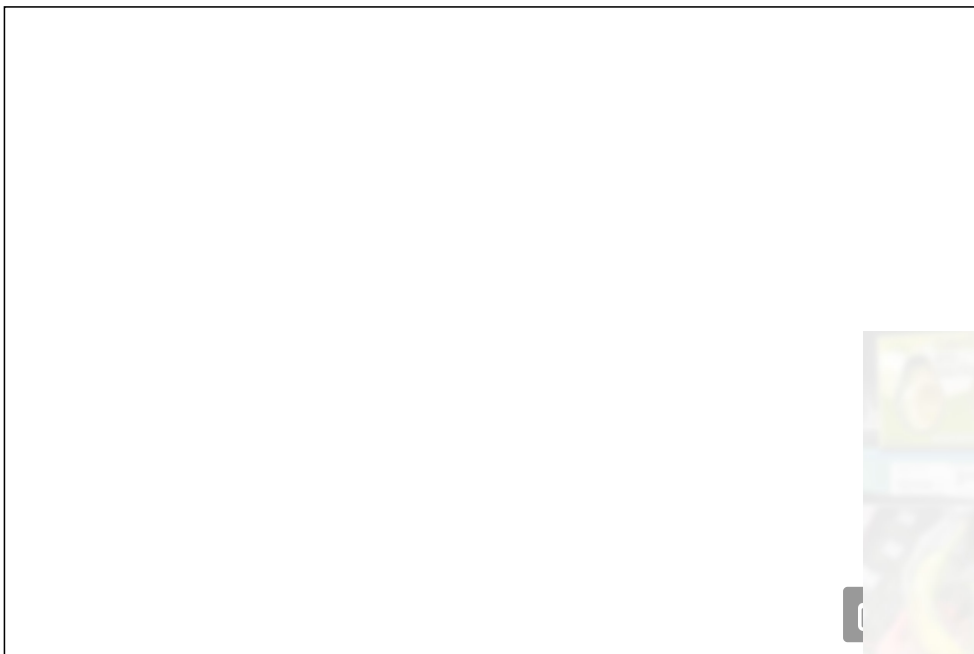
'Subject-matter expertise' is an antidote for ageism in the workplace, Cohen said.

Cohen co-founded iRelaunch in 2007 when she and her business partner were searching for jobs after a career break and felt 'isolated without a game plan'. She said they discovered the importance of community during this process and wanted to provide that for people like 55-year-old Mindy Berkower who found herself in a similar position.

'I was looking around and realized I'm not the only one going through this,' Berkower said.

Berkower, a former New York City lawyer who took an 18-year hiatus to raise her children, interned with iRelaunch in 2013 for a modest stipend.

'I just felt I needed to re-establish myself professionally, contribute financially to the household and establish my own identity,' she said.



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The 48-year-old reality star got emotional

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Enjoying the show

▶ **Kevin Hart thanks his fans and encourages**



Mindy Berkower (center), a 53-year-old former New York City lawyer who took an 18-year hiatus to raise her children, interned with iRelaunch in 2013 and is now working with the career re-entry firm

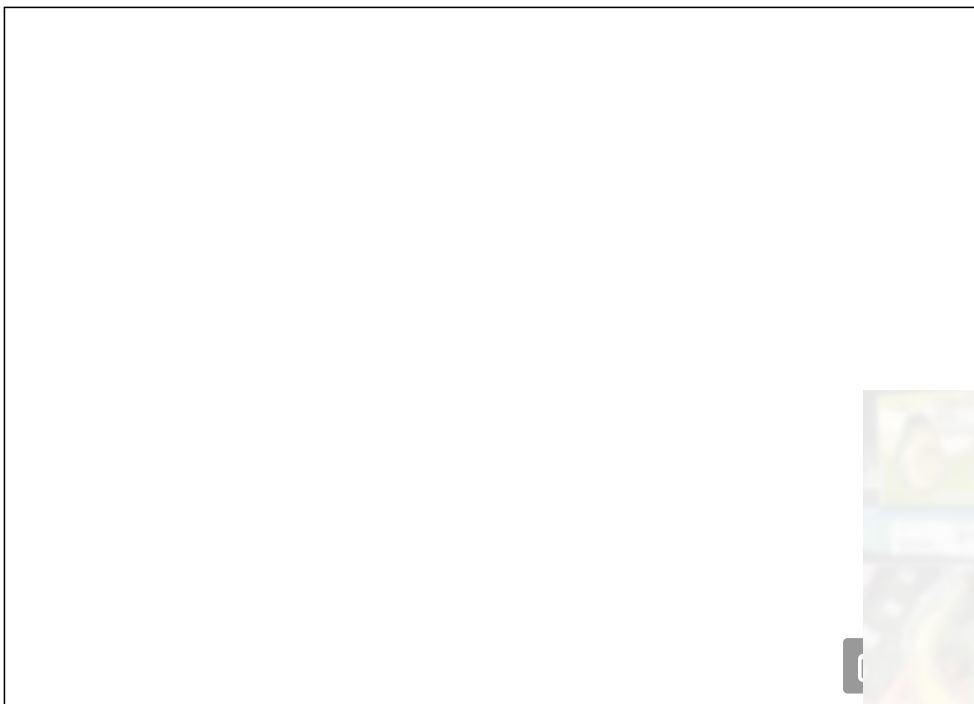


Carol Fishman Cohen co-founded iRelaunch in 2007 when she and her business partner were searching for jobs after a career break and felt 'isolated without a game plan'

At 51, she worked nine months for 20 hours a week from home as the organization's conference promoter. Following her internship, she was hired by the organization in various positions until being named its chief business development and university relations officer.

Cohen's advice to people returning to the workplace is to briefly acknowledge the career break and quickly move on to explain why they're best suited for the job.

'Don't apologize for it,' said Cohen. 'Say, "Yes, I took a career break for child care reasons, and now I can't wait to get back to work."'



▶ Orlando Bloom gets into a playful screaming match with fiancée Katy Perry's relatives during a raucous game of Taboo

▶ Nina Agdal wows in bikini during trip to 'paradise' with beau Jack Brinkley-Cook and his mom Christie (and even serves as their photographer)

▶ Jennifer Lopez cuts a boss look in black Chanel belt as she and Alex Rodriguez shop for commercial real estate in LA

▶ Bindi Irwin 'grateful' to be home for New Year with her 'beautiful family' after celebrating Christmas with fiancé Chandler Powell in the US

▶ 'I bounced back quickly': Zac Efron opens up about his brush with death after contracting dangerous infection while filming in Papua New Guinea

▶ 'Utterly dismayed' John Cleese leads tributes to Monty Python musician and comedian Neil Innes after his death aged 75

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▶ California girl? Australian model Tammy Hembrow uses Americanisms like 'candy' and 'bell pepper' in her latest YouTube video

▶ Young Sheldon's Iain Armitage, 11, says he loved Cats ... as film proves one of Hollywood's biggest box office busts of the year

▶ Model Lara Stone poses for a rare selfie with property developer



Jobseekers ages 55 and over had the longest average durations of unemployment – nearly 36 weeks – compared with other age groups in February

Older Americans are collecting their Social Security checks later and working at rates not seen since the 1960s. In the 1990s, less than a third of people age 55 and over were either actively employed or looking for work. By 2019, more than 40 per cent will be employed, according to federal statistics. Lengthening life spans and changing lifestyles account for part of the shift. American women who are 65 can expect to live another 20 years.

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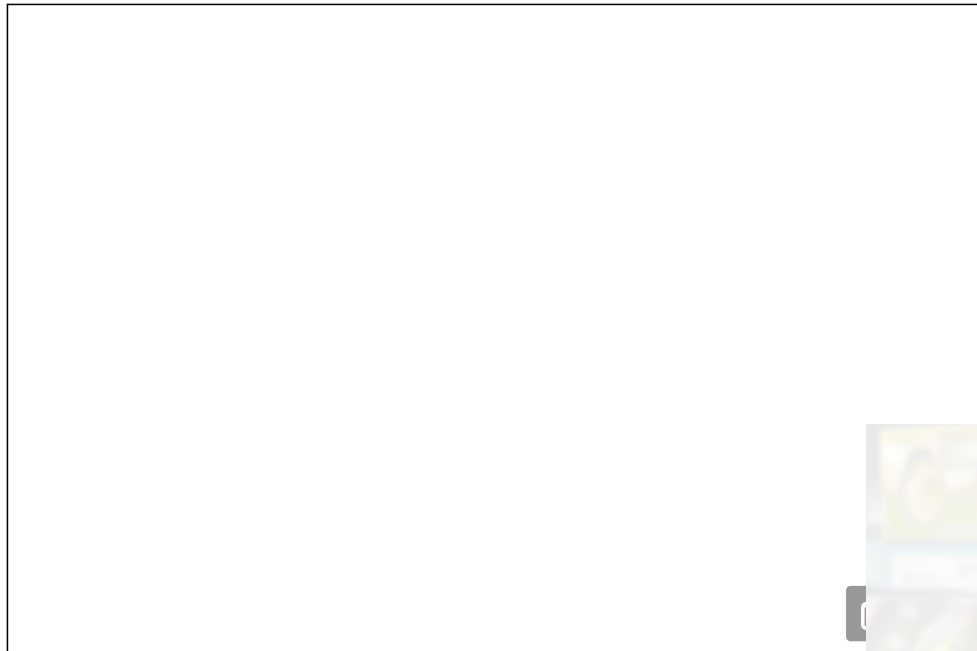
For those who haven't worked for a while, re-entry into the workforce can be difficult because people assume the person doesn't understand technology and their skills are dated, said Dara Kaplan, president and partner of New York City-based PR firm Wunderlich Kaplan Communications.

So, Kaplan and Gwen Wunderlich co-founded The Enternship, a four-week program that launched last summer, to help women over 40 re-enter the workforce by teaching them PR and digital communications skills. The program came out of Kaplan's experiences interviewing Millennials for jobs with her firm.

'We were so discouraged and thought, "There has to be something more"', said 32-year-old Kaplan, a Millennial herself.

Wunderlich Kaplan Communications chose eight women with various professional backgrounds for the 'enternship'. Kaplan said they came into the office 'feeling so dejected', but forged a sisterhood that resulted in a renewed self-confidence.

'These women had been overlooked and they had so much to add to a company,' Kaplan said.



Rochelle Carter-Wilson was among the first Enternship cohort last summer, a four-week program based in New York City that helps women over 40 re-enter the workforce. L. Charley Anderson, Dalita Keumurian, Danielle Gretz, Danielle Epstien, Phyllis, Julie L. Ronnie Berke, Carter-Wilson

▶ around with a female friend during a wintry holiday in Aspen with girlfriend Kylie Lim
Day out

▶ Georgina Rodriguez puts on a cheeky display in the pool after jet-ski ride on Dubai holiday with Cristiano Ronaldo... after denying they secretly married

▶ Kendall Jenner shows her spiritual side in 'Jesus Is King' sweatshirt on one year anniversary of Kanye West's Sunday Service

▶ Lizzo teases her cleavage in leopard Savage x Fenty robe... after clapping back at a body-shaming troll on Twitter
The Truth Hurts artist

▶ Inside Zac Efron's trip from hell: How the Hollywood star, 32, went from being welcomed by locals in Papua New Guinea to contracting a deadly infection

▶ Gigi Hadid sends fans wild as they speculate she is back together with Zayn Malik after model shares snap of herself cooking one of ex's mother's recipes

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▶ Only in Australia! Rebel Wilson is chased by a WOMBAT and jokes it's her 'newest form of cardio' as she visits a Sydney wildlife sanctuary

▶ Jessie J shares emotional Instagram post about 'healing' as she offers mental wellness advice to her followers amid Channing Tatum split



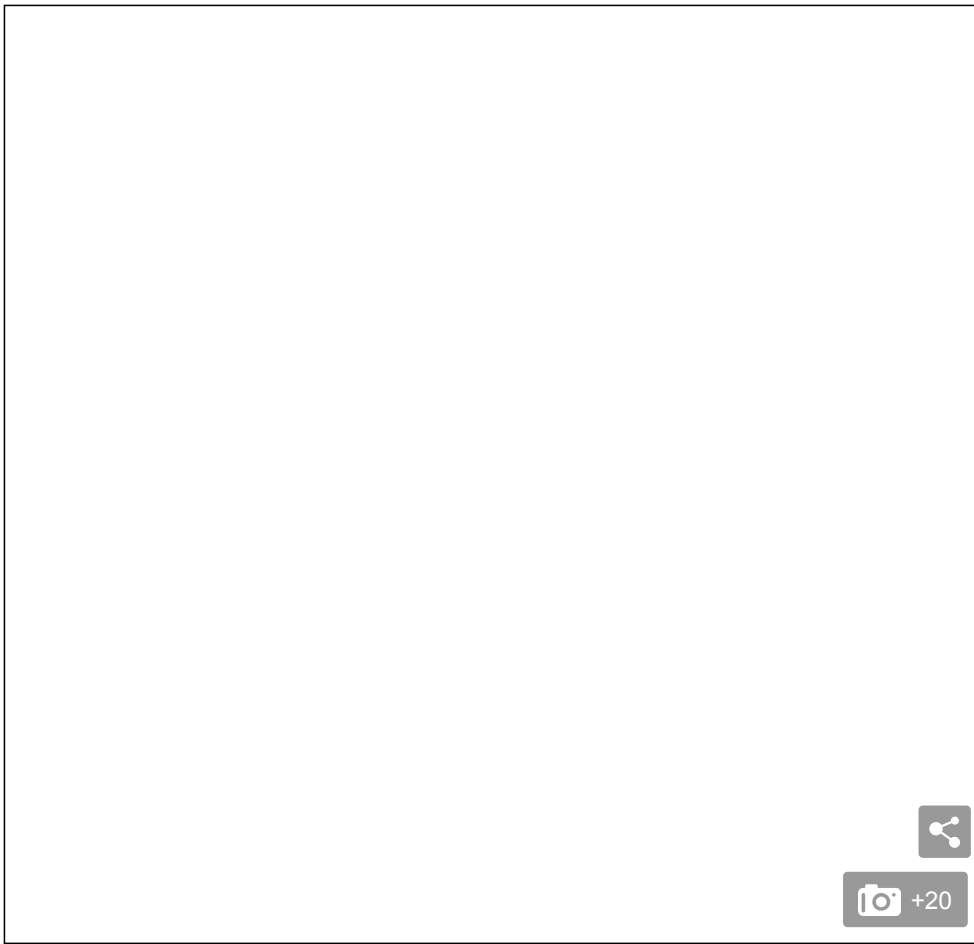
Rochelle Carter-Wilson, former human resources executive, was among the first to complete the program. In 2008, Carter-Wilson, now 53, was laid off from her job as director of human resources for Blue Man Productions, the entertainment company behind the Blue Man Group show.

Unable to find full-time work after the layoff, the New Jersey resident spent eight years caring for her two children, doing consulting gigs and as a contestant on the Today Show's '16 to '16' fitness challenge.

'I was the most reluctant stay-at-home mom,' she said.

The Enternship helped Carter-Wilson, nicknamed 'work mom' by her internship cohort, rediscover her passion for writing and regain confidence in her professional abilities. After working with Wunderlich Kaplan to run the internship program and create materials for it, she's now working as a full-time writer in New Jersey.

'They changed my life,' Carter-Wilson said of Kaplan and Wunderlich.



Wunderlich Kaplan Communications chose eight women with various professional backgrounds for the 'enternship': Julie Lerner, Danielle Epstien, Charley Anderson, Phyllis Pacifico- Cohen, Danielle Gretz, Gwen Wunderlich (co-founder), Ronnie Berk, Rochelle Bottom row L to R - Dalita Keumurian, Dara Kaplan (co-founder)

Just like internships for recent college graduates, these opportunities help older workers get their foot in the door. It's generally harder for older workers to find new younger workers, and a poor economy exacerbates that trend. In 2014, the job seeker age 55 and over spent 54.3 weeks looking for a job, compared to 17.5 weeks for younger job seekers, according to federal statistics.

▶ **Jessica Simpson hits the slopes with daughter Maxwell and brother-in-law Evan Ross during family trip to Aspen, Colorado**
Hitting the slopes

▶ **'I nearly burst into tears': Fatboy Slim became emotional listening to his viral Right Here, Right Now remix that samples Greta Thunberg**

▶ **Kris Jenner is picture perfect wearing a vibrant green gown for dinner with Corey Gamble in St. Barts**

▶ **Disney star Devan Leos avoids jail in attempted murder case in LA over car incident with man in 7-Eleven parking lot**

▶ **Kylie Minogue enjoys a break on Rottneest Island as she glams up for a photo shoot... after starring in a \$15m Tourism Australia campaign**

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Made a bold fashion statement

▶ **Jennifer Lopez indulges in post-Christmas furniture**

**TODAY'S
TOP VIDEOS**

Age discrimination continues to be a problem older workers face, said Cohen. Some employers assume – falsely – that more-experienced workers are more expensive, harder to manage, and less committed to their jobs, she added.

For Pfizer, bringing on Critchlow as an intern was a way for him to pass on his skills to the company's employees and prospective hirees.

'Older people have a lot to offer a workplace, you just have to ask,' he said.

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Options included Shay, Presley and Selena

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▶ **Star Wars: The Rise of Skywalker writers weren't trying to 'sideline' Rose Tico... after fans speak out about Kelly Marie Tran's beloved character**

▶ **Sir Tom Jones, 79, admits he eyes up women in their thirties but confesses 'it's mostly the grandmothers who fancy me'**

▶ **Mariah Carey braves the snow for a spot of shopping at Louis Vuitton in Aspen with her beau Bryan Tanaka**

▶ **'Oh God!' You star Penn Badgley accidentally lets slip that psychotic stalker Joe Goldberg WILL return for a third season of hit Netflix show**

▶ **Mark Wahlberg's wife Rhea sizzles in a thong swimsuit while chiseled actor displays his washboard abs on holiday in Barbados**

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Firefighter chief breaks down as he reveals newlywed volunteer, 28, killed fighting a blaze was expecting his first child with his wife

A heartbroken fire chief choked back tears as he revealed the wife of the volunteer fireman who was killed when his 10 tonne truck was blown over by a fire truck expecting their first child.

News

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▶ Vanessa Hudgens is a candid cutie as she enjoys the holidays in Switzerland... after announcing 2020 clothing line and album on Instagram

▶ Tammy Hembrow showcases her sensational figure in a skimpy bikini top and matching pants as she enjoys an idyllic Bali getaway

▶ Victoria Beckham is praised by close pal Eva Longoria as they spend Christmas together... amid claims her fashion empire is battling huge debt

▶ James Packer and girlfriend Kylie Lim trudge through the snow in Aspen as they enjoy a quiet Christmas with friends
Mariah Carey's ex

▶ Suki Waterhouse is in high spirits as she steps out WITHOUT an engagement ring after Robert Pattinson proposal rumors

▶ Disney actor Stoney Westmoreland, 49, who is accused of trying to have sex with a 13-year-old boy, claims the judge in his case has a bias against gay people

▶ Magician Criss Angel posts heartbreaking photos of his five-year-old son Johnny in chemotherapy and reveals his cancer has relapsed

▶ 'I don't want to fall apart in public': James May, 56, admits he could quit The Grand Tour because he's 'developing nervous

